

NON-PERISHABLE FOOD

- Individual microwave meals (Ramen, EasyMac, Chef Boyardee, etc.)
- Soups and stews - microwave cups
- Tuna or chicken pouches
- Rice pouches
- Fruit/applesauce cups
- Peanut butter/jelly
- Crackers
- Snacks (granola bars, sandwich crackers, trail mix)



FULL SIZED PERSONAL CARE PRODUCTS (ALL GENDERS)

- Body wash
- Shampoo/conditioner
- Multi-cultural hair products
- Deodorant



HOUSEHOLD SUPPLIES

- Toilet Paper
- Paper Towels
- Cleaning supplies - toilet cleaner, all-purpose spray, Formula 409, Windex, Clorox wipes
- Dish soap



QUESTIONS?

Email Kelly Bloom at kbloom@havenhousenc.org or call at 984-303-0110

 THANK
YOU!

NON-PERISHABLE FOOD

- Individual microwave meals (Ramen, EasyMac, Chef Boyardee, etc.)
- Black or pinto beans
- Soups and stews
- Mac and cheese
- Canned tuna or chicken
- Canned fruit or fruit cups
- Cereal
- Just add water pancake mix, syrup
- Snacks (chips, trail mix, etc.)



FULL SIZED PERSONAL CARE PRODUCTS (ALL GENDERS)

- Body wash
- Shampoo/conditioner
- Multi-cultural hair products
- Deodorant
- Toothpaste



HOUSEHOLD SUPPLIES

- Toilet Paper
- Paper Towels
- Cleaning supplies - toilet cleaner, all-purpose spray, Formula 409, Windex, Clorox wipes
- Laundry detergent - pods
- Dish soap



QUESTIONS?

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NON-PERISHABLE FOOD

- Individual microwave meals (Ramen, EasyMac, Chef Boyardee, etc.)
- Black or Pinto beans
- Mac and cheese
- Cereal
- Just add water pancake mix, syrup
- Granola bars/breakfast bars/pop-tarts
- Canned fruit or fruit cups
- Snacks (chips, trail mix, etc.)
- Gatorade & bottled water



HOUSEHOLD SUPPLIES

- Toilet Paper
- Paper Towels
- Cleaning supplies - toilet cleaner, all-purpose spray, Formula 409, Windex, Clorox wipes
- Laundry detergent - pods
- Dish soap



FULL SIZED PERSONAL CARE PRODUCTS (ALL GENDERS):

- Body wash
- Shampoo/conditioner
- Multi-cultural hair products
- Deodorant
- Toothpaste



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NON-PERISHABLE FOOD

- Individual microwave meals (Ramen, EasyMac, Chef Boyardee, etc.)
- Granola bars/breakfast bars/pop-tarts
- Rice
- Black or Pinto beans
- Pasta sauce
- Cereal
- Canned fruit or fruit cups
- Snacks (chips, trail mix, etc.)



CLEANING SUPPLIES

- Cleaning supplies - toilet cleaner, all-purpose spray, Formula 409, Windex
- Laundry detergent - pods
- Dishwasher detergent - pods
- Dish soap



FULL SIZED PERSONAL CARE PRODUCTS (ALL GENDERS):

- Body wash
- Shampoo/conditioner
- Multi-cultural hair products
- Lotion - body/hand
- Deodorant
- Toothpaste



OTHER

- Grocery and gas/uber gift cards



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CLEANING SUPPLIES

- Kitchen trash bags
- Cleaning supplies - toilet cleaner, all-purpose spray, Formula 409, Windex
- Laundry detergent - powder
- Dryer sheets
- Dishwasher detergent - liquid and pods
- Dish soap
- Sponges



FULL SIZED PERSONAL CARE PRODUCTS (ALL GENDERS):

- Body wash
- Shampoo/conditioner
- Multi-cultural hair products
- Lotion - body/hand
- Deodorant
- Toothpaste



OTHER

- Grocery and gas/uber gift cards



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NON-PERISHABLE FOOD

- Individual microwave meals (Ramen, EasyMac, Chef Boyardee, soups, etc.)
- Granola bars/breakfast bars
- Cereal
- Canned fruit or fruit cups
- Peanut butter & jelly
- Pasta sauce, spaghetti noodles
- Canned chicken/tuna
- Canned soups
- Snacks (chips, other teen-friendly snacks)



FULL SIZED PERSONAL CARE PRODUCTS:

- Body wash
- Shampoo/conditioner (all hair types, including textured hair)
- Deodorant
- Razors



OTHER

- Grocery and gas gift cards



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